



The Fleetwood-Bawden Times

February 2020

MAKE A DIFFERENCE in our Community

Mr. Rosenke's class is hosting a Spaghetti Fundraiser

Proceeds will be going to purchase stuffed animals for children in the hospital.

Thursday, February 6th; 1st Nutrition Break (Spaghetti, meatballs, carrots, juice box, yogurt bark) *Vegetarian option available. \$5.00 due to child's teacher on Tuesday, February 4th.



Pink Shirt Day

On February 26th, Students will be participating in lessons related to anti-bullying and working on making a positive difference in their home, school, community and world.

T-shirts are available to order for \$8.00 through School Cash Online, until February 3rd, and will be delivered at the school.



Fleetwood-Bawden School

World Read Aloud Day

Wednesday, February 5th is World Read Aloud Day. This day was created ten years ago as, "... an opportunity for people all around the globe to celebrate the joy of reading aloud, and advocate for literacy as a fundamental human right that belongs to everyone." *Please send a photo of your child reading at home to Cherilyn.ferby@lethsd.ab.ca . Photos will be displayed in the main hallway.

February Hot Lunch

February's Hot Lunch will be Boston Pizza. The cut off date to purchase: February 12th. Hot Lunch Day: February 25th. Order at www.lethbridge.schoolcashonline.com

Clubs

- Recorder Club (Grades 3,4,5) with Mrs. Tompkins
- Dragon Fire Club (Grades 3,4,5) - Wednesdays NB2 in Ms. Thompson's class
- Brooklyn's Fun Stuff Club - Tuesday-Thursday NB1 & NB2. Meet at Ms. McNeill's room.
- Critter Club - (Grades 1-5) Thursday, NB2 in Mrs' Laing's room
- Anime Club - Thursdays NB1- Mrs. K's room
- Harry Potter Club - Wednesdays NB2 - Mr. Olson's room
- Craft Club - Wednesdays NB1 - Ms. McNeill's room

Kindergarten Registration

We are still accepting registrations for our Kindergarten Program. You can download the registration package from our website, or pick one up at our school.

Early Education Program Registration

begins February 3rd for new students. (First Come, First Served Basis). January 27th-31st for those who are going to continue for a second year of EEP (must attend during the month of December and EEP fees must be up to date).

Student Accomplishments

Please share student achievements/successes that occur outside of the school with us so we can celebrate as a school! Please email your child's name and accomplishment to carlie.ramotowski@lethsd.ab.ca or cherilyn.ferby@lethsd.ab.ca.

MAKE A DIFFERENCE in the World

From February 10th-13th, during NB1, Ms. Macdonald's class will be selling:

5 pack of Valentine's Day Cards - \$1.00

Caring Gram (for a friend or staff member in the school, hand delivered on Valentine's Day) - \$1.00

Caring Gram Plus (includes the gram, pencil and a small eraser)- \$2.00

ALL proceeds go to WIRES Australian Wildlife Rescue Organization.



Alberta Emerald Foundation

Thank you!

to the Alberta Emerald Foundation for a grant of \$500 to support our Natural Leaders Program for grades 4 and 5.

to Fleetwood parent Adam Walser, who has been volunteering in our Learning Commons to shelve and organize books on Fridays.



Free Fleetwood Family Skating!



Thursdays, January 9th until March 26th from 3:30 - 4:30pm at Civic Centre Ice Rink

(No skating on February 20th and March 19th)

Family members welcome!

All children and adults must wear a CSA approved hockey helmet to skate. The school has skates and helmets students can borrow through their classroom teacher. Staff supervisors will also bring a few hockey helmets to the rink.



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FLEETWOOD-BAWDEN
ELEMENTARY SCHOOL

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
	EEP Registration begins 8:00 am		World Read Aloud Day	FREE after school skating (3:30-4:30pm) Civic Centre	Grade 3/4 Harry Potter Day	
9	10	11	12	13	14	15
			Hot Lunch Ordering Deadline 10:00pm	FREE after school skating (3:30-4:30pm) Civic Centre	Valentine's Day Parties	
16	17	18	19	20	21	22
	Family Day No School	No School	No School	No School For Students Teacher's Convention	No School For Students Teacher's Convention	
23	24	25	26	27	28	29
	Continuing EEP registration begins Basketball Home Game 4:00pm	Hot Lunch during NB2 School Council Meeting 6:30-7:30pm	Pink Shirt Day Basketball Home Game 4:00pm	FREE after school skating (3:30-4:30pm) Civic Centre		

Grade 5 Basketball



Games are at 4:00pm on Mondays and Wednesdays until February 26th, with the final tournament on Friday, February 28th at Gilbert Paterson School. Practices will be Tuesdays and Thursdays during NB1. Please see the calendar for home games. All are encouraged to come and cheer on our Foxes!

Numeracy Tips

Numeracy is everywhere. When we use math skills in everyday situations, we are using numeracy. We use understanding of number, patterns, shape, and data to make informed decisions.

Reasoning

Why is reasoning important in numeracy?

- The ability to reason allows us to think logically and acquire, create, connect and understand information. This helps us solve everyday problems.
- Reasoning is a process that allows us to build upon what we already know, reach conclusions and explain our thinking.
- We become more confident when we can reason and justify our solutions.

Find out more:

- Consider *Activities for Every Day* from Math For Families: Helping your child with math at home. Achieve BC: http://www.sd47.bc.ca/Programs/earlylearning/Documents/math_for_families.pdf
- Watch a video to find out more:
 - Alberta Education Numeracy Video <https://education.alberta.ca/literacy-and-numeracy/numeracy/everyone/numeracy-video/>
- Read about how to support mathematical reasoning: <https://education.alberta.ca/media/563588/reasoning.pdf>

Use our app EPSB Together

Download [EPSB Together](#), a free app that suggests activities you can do with your child to support your child's learning outside of the classroom. You can download the app on Google Play and the Apple App Store.

How can I help my child?

Together with your child, try these activities:

- Play with puzzles, such as box puzzles, number puzzles, Sudoku®, Rubik's Cube® or make your own by cutting up a magazine picture and re-assembling it. Explain how you figured out the puzzle.
- Read and talk about Choose Your Own Adventure books. Have your child discuss their choice for the next section of the story.
- Plan a meal or activity together. Encourage your child to justify how much to make and/or how long it will take.
- Encourage your child to create a clapping, singing or dancing pattern. Ask them how they knew which sound or move to make next.
- Watch and record the number of people, pets or cars that pass by. Talk about the results. Compare the numbers. Ask your child to explain their thinking. Try watching and recording at a different time of day. Compare the results.
- Talk with your child about the best present they could choose for a friend based on how much money they can spend. Talk about the reasoning behind their choice.
- Allow your child to plan a different arrangement of furniture in a room. Talk about the reasoning behind their choices.
- Talk to your child's teacher about how numeracy is developed and practiced in the classroom.

I MADE A *DIFFERENCE*

We are focusing on "Making a Difference"! Students will work on making a difference to one other person, their class, school, family, community, or the world. We will empower our students to learn that their actions matter, and they can truly Make a Difference! Their impact can be large or small but everything they do matters. If your child made a difference in the community, and you would like them to be recognized, please email Carlie.Ramotowski@lethsd.ab.ca.

Ireland O'Connor

MADE A DIFFERENCE

By sorting out the juice boxes that someone put in the paper recycling.

Lydia Ceisla

MADE A DIFFERENCE

By helping the class sub with reading Harry Potter.

Magnus Farstad

MADE A DIFFERENCE

By helping Ms. McNeill push buttons.

Karter Hardy

MADE A DIFFERENCE

Introducing a sub to another staff member, and making her feel welcome.

Blaike Rowley

MADE A DIFFERENCE

By helping Mrs. Westlund deliver supplies.

Saachee Josan

MADE A DIFFERENCE

By cleaning recorder materials during music.

Davyn McCray

MADE A DIFFERENCE

Helping Mrs. Westlund in the Learning Commons.

Griffin Slawson

MADE A DIFFERENCE

By holding the doors for everyone coming into school on Monday morning.

Healthy Children

February 2020 Parent Newsletter



Articles

Early Specialization in Sport

Developmental Assets

Early Specialization in Sport

Enrolling your child in sport is one of the best gifts you can give to them. The benefits of being active and participating on a team, or as an individual, are widespread. From increased positive mental and physical health, to greater social skills, children can gain a lot from participating in sport. However, even with so many benefits, there can be too much of a good thing. If a child spends too much time and energy in one sport, isolating them from friends and other opportunities, it can decrease their social and psychological growth.

In regards to physical health, specializing in one sport too early can limit the range of skills a child possesses as well as their overall motor skill development.

This lack of skills and, often, a lack of confidence, can potentially affect lifelong involvement in physical activity by discouraging the child from participating in other activities. Lastly, early specialization in sport can actually change the way your child's body grows and develops due to increased stress on the body and repetitive injuries.

If you do choose to specialize your child early, pay attention to signs of burnout and isolation and talk to the coach about opportunities for cross training. Remember that having fun is an important factor to being active for life!

➔ For more information visit <http://canadiansportforlife.ca/parents>

One of the most common things that people identify as a benefit of smoking is stress relief. But did you know that many studies show that smoking can actually increase stress? What smoking does is relieve nicotine withdrawal symptoms, which can be stressful, but this is only short term.

Quitting is hard, but it is easier with help. You can call AlbertaQuits at 1-866-710-QUIT or visit www.AlbertaQuits.ca



Developmental Assets

Parents and caregivers are a major influence in a child’s life and it’s normal to feel uncertain at times when it comes to raising your children. The Search Institute has identified a list of 40 research-based, positive experiences and qualities that influence young people’s development, helping them become caring, responsible, and productive adults. Below are a few examples of developmental assets for you as a parent to consider discussing with your child.



- Supporting and loving your child – Do you and your child communicate openly, respectfully and frequently? Does your child receive support from other non-parent adults?
- Empowering your child - Does your child contribute to family decisions? Is your child given useful roles in the community?
- Setting clear and realistic boundaries – Does your family have clear rules and consequences? Do you monitor your child’s whereabouts?
- Helping your child use her or

- his time in meaningful, constructive ways – Is your child involved in weekly extra-curricular activities?
- Encouraging your child to develop a lifetime commitment to learning – Does your child want to do well in school?
- Instilling in your child positive values – Do you encourage your child’s development in recognizing and telling the truth?
- Developing social competencies in your child – Does your child recognize

risky or dangerous situations and are they able to seek help from trusted adults?

- Encouraging your child to form a positive identity – Does your child feel good about themselves? Does your child seem curious about the world?

➤ For the full list of developmental assets and to learn more visit www.search-institute.org

To find an electronic copy of this newsletter, visit www.ahs.ca/csh

