

# (Ma dou-gou see) Mattao'kosi



## It's Autumn

### HAPPENING THIS MONTH...

Oct. 4th: MMIWG2S+ Vigil at Galt Gardens evening event

Oct. 10th: Thanksgiving

Oct. 11th: PL Day

Oct. 20th: PL Day

Oct. 21st: PL Day

Oct. 22nd: Sik-00h-Kotoki Friendship Society Holiday Market

Oct. 27th: Dr. Tiffany Prete: The Kainai Stolen Children Era 7-9 FREE @ The Sandman Signature Lethbridge Lodge

Nov 1st: Deadline for nature painted poppies for Indigenous veterans Day



### POPPY PROJECT: INDIGENOUS VETERANS DAY

Keep scrolling down for more information about the Indigenous Veterans Day Poppy Project. This will be our second year in a row with this project! If you're interested, e-mail [melanie.morrow@lethsd.ab.ca](mailto:melanie.morrow@lethsd.ab.ca) with your name, school., and # of students to receive your supplies and further instructions!

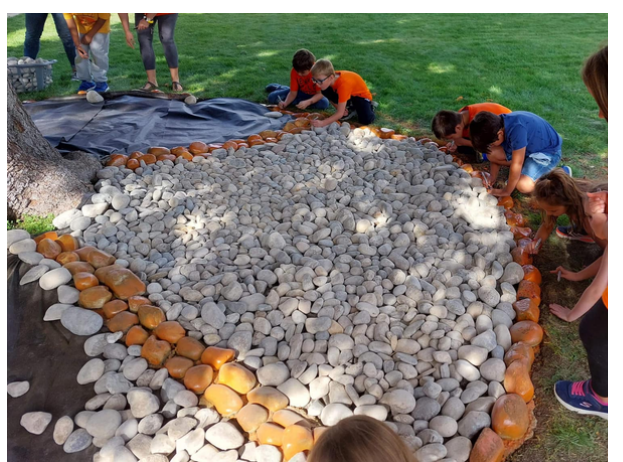


# Thank you



An absolutely HUGE shout out to YOU!!

Our Pathways to Reconciliation project was a giant success because of everyone's collective efforts. Reconciliation week can be a difficult and triggering time for many but can also bring opportunities for healing and strengthening relationships. I sincerely thank every one of you for spending time with your students and taking part of this important project.



## BLACKFOOT VOCABULARY...

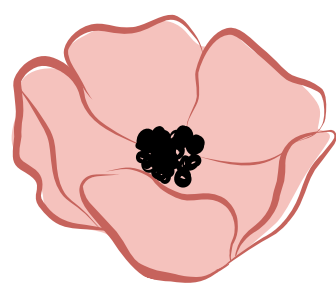
Mo'kaato's  
Fall Month

Niipistsiyipitsi

When leaves fall

Sa'aiksi itaomatooyi

When ducks leave



# POPPY PROJECT

November 8th: Aboriginal Veterans Day

November 11: Remembrance Day

## What?

Last year, Lethbridge School Division made and donated over 500 nature painted poppies to the Legion. In honour of the 101st anniversary of the Poppy, Aboriginal Veterans Day, and Remembrance Day we would like to collect "Nature painted poppies" again to turn into buttons to donate to the Lethbridge Legion.

## How?

Let me know how many students you have and watercolor poppy templates will be sent to you to paint with natural paint that you create in class with students or bring from home. When complete, please cut out poppy circles and mail them back to Melanie Morrow at the Ed Center.

## When?

Poppy paintings are due November 1st 2022.

But! Feel free to send back earlier if completed!

## Nature Painting

Indigenous people have been using nature to dye and paint items for generations. Dye's have come from natural fruits, vegetables, plants, rocks, and clay. Natural dyes have been used for decoration, art, face and body painting, and in several celebrations and ceremonies.

The Blackfoot used natural paint on hides, tipi's, rawhide shields, raw hide bowls and containers, Buffalo robes, and parfleche bags.

## Nature Paint Recipes/Ideas

- Tea
- Coffee
- Beet juice
- Strawberries
- Raspberries
- Blueberries
- Blackberries
- Kale
- Spinach
- Leaves
- Mud
- Carrots
- Other?

You can use these ingredients separately or blend them together with water. That's it! Paint- Dry- Send!