

Fleetwood-Bawden ELEMENTARY SCHOOL

FEBRUARY 2023 NEWSLETTER



A MESSAGE FROM THE OFFICE:

During the month of February we are reminded about love and kindness by recognizing Black History Month, Pink Shirt Day (15th) and Valentine's Day (14th). Through *Random Acts of Kindness* we express our care for one another without the expectation of praise or reward.

WE NEED YOUR HELP! *please*

We are struggling to find four parents who would be interested in participating in Lethbridge School Division's Town Hall. The event is an excellent opportunity for parents to share their opinions in small, safe table conversations. Please email kathy.mundell@lethsd.ab.ca if you are interested in attending. Mrs. Mundell or Mr. Mathur would be more than happy to answer any questions you may have.

Town Hall 2023 is on Tuesday, February 7 6:30 pm @ Victoria Park High School Gym
This year's Town Hall will focus on these two questions:

1. In what ways are we successfully supporting students to help them grow as learners?
2. Where do you see room for improvement in supporting students as learners?

FEBRUARY 1 Winter Walk 2023! Please dress for the weather

FEBRUARY 14 Valentine's Day- Wear red, pink and/or white

Students may choose to bring Valentine's cards as an expression of friendship and kindness

FEBRUARY 15 *Pink Shirt Day*- wear pink

FEBRUARY 16 Fleetwood Bawden's "Spaghetti Western Lunch"

This is Fleetwood Bawden's way of combining southern Alberta's famous cowboy look with a Spaghetti lunch. February 16th will be the day to dust off the cowboy boots, wear denim, and sport a cowboy hat!

Please see the attached calendar for more information.

PARKING

We understand the limitations of our parking and drop-off zones. We understand drop-off and pick-up times can be challenging. **Thank you** in advance for considering the following:

- To ensure safety for all, the drop off zone that wraps around our staff parking lot is intended to be a quick drop off area. Please avoid parking in the drop off area. Should you wish to keep your children in the car until closer to the bell, please park on a side street and enter the drop off zone when you are ready to drop off your children. This will allow for traffic to flow.
- We need to keep a space open for our Buster Bus. We have pylons marking the Buster Bus drop off area.
- Please adhere to the signs and do not leave your car unattended in the drop-off zone.
- To avoid theft and to ensure safety, please lock your doors.
- Parking lot stalls are for staff parking only.

THANK YOU FOR YOUR CONSIDERATION!

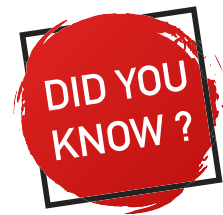
ATTENDANCE AND LATES

Currently we are experiencing an increase of students arriving late for school.

The beginning of the school day is very important as it begins the day's routines including literacy and numeracy skills, eating breakfast and getting settled for a day of learning.

We appreciate there may be challenging circumstances hindering the ability to arrive on time. Please reach out to Mr. Mathur or Mrs. Mundell should you require support.

We appreciate your efforts in this regard.



Calling SafeArrival to report your child's absence is easier than you may think.

Please call
1-800-920-3897 to
report your child's
absences
and lates.

*Stay
Connected!*
CLICK THE IMAGES





FEBRUARY 2023



MON TUE WED THU FRI

6

BLACK HISTORY MONTH

7

Lethbridge
SCHOOL DIVISION
TOWN HALL
6:30-8:30

8

1 WINTER WALK

9

2 Groundhog Day

10

3 Grade 5 Basketball Tournament

13

KINDNESS WEEK KICKOFF ASSEMBLY

14

HAPPY VALENTINE'S DAY

Wear red, pink or white

15

Pink Shirt Day

EEP & Kindergarten Spaghetti Lunch

16

Spaghetti Western Dress like a cowboy Grade 1-5

17

FLEET DAY

20

HAPPY Family DAY

21

NO SCHOOL THIS WEEK

22

TEACHER'S CONVENTION

23

NO SCHOOL THIS WEEK

24

NO SCHOOL THIS WEEK

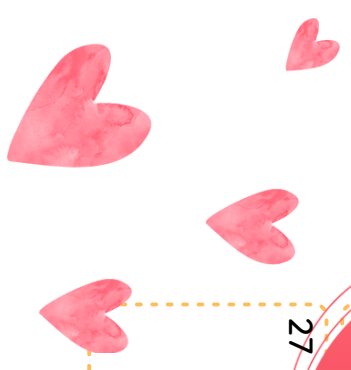
27

HAPPY Family DAY

28

NO SCHOOL THIS WEEK

be kind





Keeping Fleetwood in... **THE LOOP**



FEBRUARY 2023




Hello, Fleetwood staff and families!

Welcome to the Fleetwood Bawden edition of THE LOOP. It is important our Fleetwood Family stay connected with supports our community offers. With increased knowledge and awareness of how our community can support us, we will continue to work together, strive to be happy and seek help to overcome the challenges we may be facing. I hope this 'mini edition' of THE LOOP connects you with the community supports and services you may require to support and promote positive mental health for yourself and others. Please reach out for support when you need it. Lean into others.

We are here to help. TOGETHER IS BETTER! Sincerely, Mrs. Mundell

Are you concerned about your child possibly struggling with mental health concerns?

Here are ways to get support:

1. Talk to your child's teacher
2. Connect with our Teacher Counsellor via email kerrilynn.haneyvanderberg@lethsd.ab.ca
3. Visit your physician.
4. Contact  Alberta Health Services Mental Health and Addictions intake line at 1-888-594-0211. An AHS intake worker will help you. They will complete a clinical interview over the telephone to determine your needs. The intake worker will provide local options and guide you to the most appropriate resources or services in our area.
5. Read helpful information from AHS's [Parent Information Series](#).
6. Sign up for [FREE live online ZOOM presentations](#) through AHS's Community Education Series. (see below)
7. Watch [FREE pre-recorded sessions](#) on the AHS YouTube Channel

AHS Community Education Series FEBRUARY LIVE ZOOM Sessions

- Feb 2 - [Child Sexual Abuse](#) (6:30-8:30 PM)
- Feb 9 - [Learning to inclusively support all children through grief and loss](#) (6:30-8:30 PM)
- Feb 15 - [Mindfulness: Supporting Your Child's Social and Emotional Well-being](#) (6:30-8:30 PM)
- Feb 21 - [Ages and Stages: What to expect and what to do to support healthy child sexual development age 0-18](#) (6:30-8:00 PM)
- Feb 23 - [When Consequences Don't Work](#) (6:30-8:30)

Need Support?



KidsHelpPhone.ca
1800 668 6868
Kids Help Phone



KIDS ACROSS CANADA CAN NOW TEXT
686868
AND BE CONNECTED TO TRAINED HELPERS
Kids Help Phone
Jeunesse, J'écoute
bqc



24hr free
Mental Health
HELPLINE
1-877-303-2642
Alberta Health Services



Text4Hope
393939



24hr free
ONLINE support
for Albertans
togetherall.com



ADDICTION HELPLINE
Alberta Health Services
1-866-332-2322



Black Youth Helpline
BRIDGING CULTURES | REACHING YOUTH | IMPACTING CHANGE
TOLL FREE
1-833-294-8650