

# Fleetwood-Bawden ELEMENTARY SCHOOL

## December Newsletter



### A MESSAGE FROM THE OFFICE:



Hello Fleetwood-Bawden Families! It is hard to believe December is here and 2023 is coming to a close. I am so proud of our students. A number of guests in our building have made comments about how **friendly, outgoing, polite** and **kind** our students are. What a beautiful compliment! A special thank you to our staff who have put students first, and go above and beyond to ensure students feel safe and cared for. Thank you to our parents and guardians who continue to support us.

Sincerely, Mrs. Mundell



## FLEETWOOD FAMILY Winter Celebration

THURSDAY, DECEMBER 7, 5:30-7:30

*O Come all ye Fleetwood Family...  
to a fun evening filled with festive activities!*



CRAFT &  
ORNAMENT  
MAKING



COOKIE  
DECORATING



CHRISTMAS  
MOVIES



DANCE  
PARTY



JR. & SR. CHOIR  
PERFORMANCES

...as well as a...

CHRISTMAS MARKET!

*cash only, everything under \$10!*



At our  
Christmas  
Market we will  
also be selling  
Fleetwood-  
Bawden shirts  
for \$20.  
(cash only)  
Limited sizes  
available.



We will have  
a hamper  
near our front  
entry  
to collect  
donations of  
cereal, lunch  
snacks, or  
juice boxes  
for our  
universal  
breakfast  
and snack  
program.



# Important Dates

**Dec 7** Fleetwood Family Winter Celebration and Christmas Market (join us in our computer lab to get set up with Safe Arrival, Cash Online and PowerSchool)

**Dec 11** FLEET Philosophy "Learn From Mistakes" Assembly

**Dec 18-20** Drama Production Charlie Brown Christmas (watch for more information)

**Dec 20** Ugly Sweater Day (Christmas Clothing, Red and Green Day)

**Dec 21** First Day of Winter



**Dec 22** Last Day...Christmas Assembly. Wear your PJs day! Movie time.

**Jan 8** Return to school

**Jan 10** School Council Meeting 7:00 Fleetwood-Bawden Staff Room



## Fleetwood-Bawden Dead Battery Drive

We will be collecting dead batteries from December 4th-22nd. Please send dead batteries you have laying around!

Why are we doing this? There are three main reasons:

Positive Environmental Impact: By recycling dead batteries, we're contributing to a greener planet. Proper disposal prevents harmful chemicals from seeping into the environment[1].

Educational Opportunity: This drive is a chance for our students to learn about responsible waste management and the importance of recycling. It's a hands-on activity that goes beyond the classroom.

Community Building: Joining the Dead Battery Drive fosters a sense of community. Together, we can achieve something meaningful and showcase the collective power of our school community.

Mr. Rosenke and Mr. Olson are willing to sweeten the deal. When students bring dead batteries to recycle, they will get to vote for one of three stylish moustaches that Mr. Rosenke will sport for the last week of school leading into winter break.

Mr. Olson will have some funny costumes to choose from. The styles that get the most votes win.

We will accept:

A, C, and D Cell batteries

Button batteries (watch batteries)

Small electronics batteries (laptop, cell phone, etc.)

Small tool batteries (drill batteries, etc.)

We do not able to accept car batteries, though they can be brought to the Waste and Recycling Centre or any auto shop.



The staff kindly request you not park in the staff parking lot. We appreciate your support with this.

*Stay Connected!*  
CLICK THE IMAGES



Follow us!



Fleetwood-Bawden  
ELEMENTARY SCHOOL

WEBSITE

[fb.lethsd.ab.ca](http://fb.lethsd.ab.ca)



# Keeping Fleetwood in... **THE LOOP**



DECEMBER 2023



## What can you do if your child might be struggling?

1. Talk to your child's teacher
2. Connect with our Teacher Counsellor via email [kerrilynn.haneyvanderberg@lethsd.ab.ca](mailto:kerrilynn.haneyvanderberg@lethsd.ab.ca)
3. Visit your physician.
4. Contact the Alberta Health Services (AHS) Mental Health and Addictions intake line at 1-888-594-0211. An AHS intake worker will help you. They will complete a clinical interview over the telephone to determine your needs. The intake worker will provide local options and guide you to the most appropriate resources or services in our area.
5. Read helpful information from AHS's [Parent Information Series](#).
6. **Sign up for FREE live online ZOOM presentations through AHS's Community Education Series. See the next page for a few the the sessions available.** 
7. Watch [FREE pre-recorded sessions](#) on the AHS YouTube Channel

Need Support?

**NEW**

KidsHelpPhone.ca  
1800 668 6868

Kids Help Phone

KIDS ACROSS CANADA CAN NOW TEXT  
**686868**  
AND BE CONNECTED TO TRAINED HELPERS

**9-8-8** Suicide Crisis Helpline

**SMS** Text 9-8-8

**Call** 9-8-8



24hr free ONLINE support for Albertans  
**togetherall.com**

**Black Youth Helpline**  
BRIDGING CULTURES | REACHING YOUTH | IMPACTING CHANGE

TOLL FREE  
1-833-294-8650

ADDICTION HELPLINE



Alberta Health Services  
**1-866-332-2322**



# Community Education Series Sessions



*Committed to providing information,  
resources and support to families*



**Click on the session title to register.**

## **Fostering a Positive Relationship With Food in Children and Youth**

**6:00 PM - 7:30 PM**



This presentation will look at the following:

1. What does having a healthy relationship with food look like?
2. What are warning signs for disordered eating?
3. What can families do to promote a healthy relationship with food?
4. Resource sharing & supports

## **Navigating Technology with our Youth**

**Noon - 1:30 PM**



The workshop will provide participants with:

- An understanding of the basic neuroscience behind healthy brain development,
- The dangers of technology for healthy brain development,
- Technology use rules that will help your child
- When building healthy brains, how to identify emotions in your child/student, and
- How to become your child's/student's emotional coach in only five steps and in that, build a resilient child.

## **Supporting Children and Youth through Grief & Loss**

**10:00 AM - Noon**



To watch a child, grieve and not know what to do is a profoundly difficult experience for parents, teachers, and caregivers. There are many life experiences that can produce feelings of grief in a child, from the death of a relative or a divorce in the family to more everyday experiences such as moving to a new neighborhood or losing a prized possession. The pandemic has added even more reasons, with children grieving the loss of normalcy and a sense of safety. This session is to help adults counter the false idea of "not feeling bad" and to empower children with positive, effective methods of dealing with loss. We will look at guidelines for helping children develop a lifelong, healthy response to loss and how you can support them through these tough times.