

Fleetwood-Bawden ELEMENTARY SCHOOL



April Newsletter

MESSAGE FROM THE PRINCIPAL: Thank you parents and guardians for engaging with your child's learning by reading their report card and by attending our "Celebration of Learning". We appreciate all that you do to support your child and our staff.

♥ Mrs. Mundell

DATES TO REMEMBER

March 29 - NO SCHOOL - Good Friday - Spring Break

April 8 - NO SCHOOL for students - Division Professional Learning Day

April 9 - Classes resume - Fleetwood's GREEN SHIRT DAY



April 10 - Deadline to order Hot Lunch (Visit School Cash Online)

April 15 - Gilbert Paterson Middle School visits our Grade 5 classes

April 17 - Hot Lunch (Kindergarten)

Gilbert Paterson
Middle School



April 17 - Kindergarten Grad Photos



April 18 - Hot Lunch (Kindergarten to Grade 5)

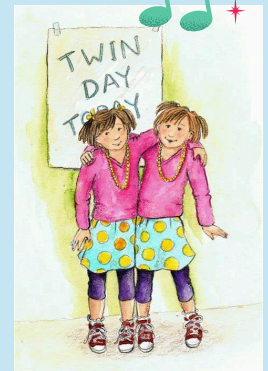
April 18 - Gilbert Paterson Band Presentations for our Grade 5s



April 18 - Kindergarten Grad Photos



April 19 - Twin Day! Dress the same.



April 24 - School Council 7:00 PM @ Fleetwood

April 24 - Admin Professionals Day

thank you
MS. HOWELL & MRS. WESTLUND

NEW HOT LUNCHES

May 8 - Dairy Queen and Booster Juice

- Kindergarten (M/W) to Grade 5
- Deadline to order via School Cash Online is April 29



June 12 & 13 - Boston Pizza

- June 12 Kindergarten (M/W) to Grade 5
- June 13 Kindergarten (T/Th)
- Deadline to order via School Cash Online is June 1



Thank you! to our School Council for organizing these new hot lunches.



ARRIVING LATE? LEAVING EARLY?

- To ensure safety, students arriving late and leaving early must use the front doors and check-in and out at the office.
- Parents, please use Safe Arrival to communicate if your child will be late, absent or leaving early. Information can be found HERE.
- Parents are encouraged to refrain from communicating about attendance with teachers through Class Dojo or email. We want our teachers to stay focused on learning. Our Administrative Assistant, Ms. Shaina Howell, will support you with attendance. 403-327-5818

Stay
Connected!

CLICK THE IMAGES



Follow us!



Fleetwood-Bawden
ELEMENTARY SCHOOL

WEBSITE

fb.lethsd.ab.ca



Keeping Fleetwood in... **THE LOOP**



APRIL 2024



Are you worried about your child?

1. Talk to your child's teacher
2. Connect with our Teacher Counsellor via email kerrilynn.haneyvanderberg@lethsd.ab.ca
3. Visit your physician.
4. Contact the Alberta Health Services (AHS) Mental Health and Addictions intake line at 1-888-594-0211. An AHS intake worker will help you. They will complete a clinical interview over the telephone to determine your needs. The intake worker will provide local options and guide you to the most appropriate resources or services in our area.
5. Read helpful information from AHS's [Parent Information Series](#).
6. **Sign up for FREE live online ZOOM presentations through AHS's Community Education Series. See the next page for a few the the sessions available.**
7. Watch [FREE pre-recorded sessions](#) on the AHS YouTube Channel



Need Support?

KidsHelpPhone.ca
1800 668 6868

Kids Help Phone

KIDS ACROSS CANADA CAN NOW TEXT
686868
AND BE CONNECTED TO TRAINED HELPERS

9-8-8 Suicide Crisis Helpline

SMS Text 9-8-8

Call 9-8-8

24hr free Mental Health HELPLINE
1-877-303-2642

Alberta Health Services

Text4Hope
393939

Black Youth Helpline
BRIDGING CULTURES | REACHING YOUTH | IMPACTING CHANGE

24hr free ONLINE support for Albertans

togetherall.com

TOLL FREE
1-833-294-8650

ADDICTION HELPLINE

Alberta Health Services

1-866-332-2322



Community Education Series Sessions

Click on the session title to register for the following LIVE sessions



Navigating Suicide Prevention: Understanding Risk, Building Resilience, and Fostering Community Support



1:00 PM - 2:30 PM

This presentation delves into the critical aspects of suicide, including the assessment of suicide risk. It explores commonly held beliefs surrounding suicide, addressing the impact of trauma and stress on mental health. The discussion extends to proactive suicide prevention measures, emphasizing the development of safety plans and the cultivation of resilience. Additionally, the presentation underscores the significance of community support in creating a holistic approach to addressing and preventing suicide.

Supporting Youth Who Use Substances: A Guide for Navigating Youth and Substance



11:30 AM - 12:30 PM

This workshop focuses on understanding youth substance use and treatments available. Participants will learn to identify problematic youth substance use, describe caregiver strategies for talking to youth and substance use, and navigate the stages of change.

Navigating Peer Rejection in Childhood



6:30 PM - 8:30 PM

- Understanding Peer Rejection: Understand the causes of and impacts of peer rejection based on current research.
- Building Resilience: Discuss preventive measures to mitigate the negative effects of peer rejection before they occur.
- Support Strategies: Learn to implement practical approaches to address the needs of both rejected children and those exhibiting rejecting behaviors.

ADHD & Executive Functioning



10:00 AM - Noon

The session will be an overview of ADHD and how issues with impulsivity and/or inattention impact children's ability to manage their environments. The session will also explore the impact ADHD has on Executive Functioning and how it relates to managing everyday tasks, and meeting daily expectations at home and at school, including social, emotional, behavioural and academic demands.

Navigating Technology with our Youth



Noon - 1:30 PM

In this 1.5 hour presentation, we will discuss the role of technology and today's youth. The message of this presentation is not only based on technology, but also about a child's healthy brain development and the necessary parenting/caregiver role in creating healthy, emotional, regulated, and integrated brains. This presentation will address the underpinning of a child's emotional brain development and how to grow it, as well as how technology can dangerously hijack this.